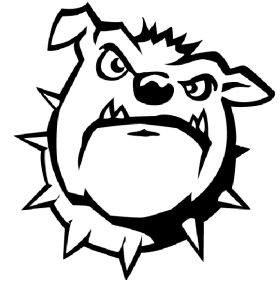


BULLDOG AQUATICS CLUB MEET ENTRY CHECKLIST



LATE ENTRIES CANNOT BE PROCESSED

2010 MICHIGAN SWIMMING 12 AND UNDER SHORT COURSE STATE CHAMPIONSHIPS

**At the Waterford Mott High School Natatorium
Hosted by Birmingham Bloomfield Atlantis (BBA)**

Friday, March 12 • Saturday, March 13 • Sunday, March 14

The entry deadline for Bulldogs is February 27, 2010.

The meet payment deadline is: March 2, 2010.

- Logon to www.DirectAthletics.com and enter the events you want your swimmer(s) to swim.
- Questions can be sent to BACMeetEntry@Bulldogaquaticclub.com
- Write a check made payable to BAC and have your swimmer put the check in the plastic envelope marked Meet Payments (located near the folders on deck) within 10 days of the meet entry deadline to avoid a late fee.
- Relays: If your swimmer participates in a relay you are responsible for ¼ of the relay entry fee. Please email Greg at gregphill@bulldogaquaticclub.com if your swimmer is interested in a relay. Include your swimmer's name and the relay event numbers you would like to enter. Also indicate the swim group (puppies, jr. dogs, etc.). If your swimmer is chosen to swim on a relay and participates you will be sent an email a few days AFTER the meet with the amount you owe.
- Confirm your entry. An email will be sent out when the psych sheet is available. It is YOUR responsibility to check for accuracy and omissions in meet event #'s and times. All corrections must be done by YOU using the on-line entry system by the stated deadline (in the email announcement).

No changes can be made once the team's entries have been submitted to the host team. A complete copy of the BAC Meet Entry procedures is available via a link that is on the meet entry & info page.

Entry Fees & Limits **\$5.00 per individual event. \$12.00 per relay team. \$3.00 Michigan Swimming surcharge**

Swimmers are limited to 3 individual events per day and 6 total individual events for entire three day period.

Location: The Waterford-Mott High School Natatorium is located at **1151 Scott Lake Road, Waterford, MI 48328**. A map to the pool can be found at the BBA website: www.bbaswim.org→BBA Meet→Info→Meet **Location**. The pool office phone number is (248) 674-6360.

***Parking:** The Waterford-Mott H.S. Natatorium is located in a high school that will be in session on Friday, March 12. The academic school day begins at 8:00 a.m. and parking will be based on a first come first served basis. You are recommended to park immediately after dropping your swimmer(s) off for warm-up at 7:15 a.m. on Friday! If you leave and try to park when the meet begins at 9:00 a.m., you may have to park at a distance and walk to the building. **Carpooling is also recommended for the Friday AM session if possible.**

Hotels: Arrangements and discounted room-rates have been made with several hotels in the area. Please refer to the Hotel Information section in this packet for details on preferred hotels or visit www.bbaswim.org→BBA Meet→Info→Preferred Hotels.

Facilities: **Facilities:** Waterford Mott is a 25-yard, 8-lane pool. A separate 5-lane area/pool will be available for supervised warm-up and warm-down. Depth at start and turn is 8 feet – 6 inches (min). Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with an 8-lane display will be used. The competition course has not been certified in accordance with 104.2.2C(4). There is general admission balcony seating for all spectators. Lockers are available (provide your own lock). Waterford High School, Michigan Swimming, Inc., USA Swimming, Inc. and the Birmingham Bloomfield Atlantis (BBA) are not responsible for lost or stolen items.

***COOLERS, STROLLERS, PLAYPENS, SWIM BAGS, AND FREE STANDING FOLD-UP CHAIRS WITH LEGS WILL NOT BE ALLOWED IN THE SPECTATOR AREA. PLEASE, NO SWIMMERS IN THE SPECTATOR AREA. THE WALKWAYS ABOVE THE SPECTATOR AREA MUST REMAIN CLEAR AT ALL TIMES. BBA RESERVES THE RIGHT TO REFUSE AND REMOVE ANY ITEMS THAT ARE DEEMED INAPPROPRIATE BY BBA.**

Times:

<u>Friday Prelims:</u>	
7:00 – 7:20 a.m.	General Meeting
7:30 – 8:50 a.m.	Warm Up
7:35 a.m.	Scratch Box closes for Friday Prelims and 500 Free
9:00 a.m.	Events Start
<u>Friday Finals:</u>	No Finals Check-In Required.
4:30 – 5:20 p.m.	Warm Up
5:30 p.m.	Events Start
6:00 p.m.	Scratch Box closes for Sat Prelims
6:00 p.m.	Sat 200 Free Relay Check In (by Coaches only) or they will be scratched
<u>Saturday Prelims:</u>	
7:30- 8:50 a.m.	Warm Up
9:00 a.m.	Events Start
10:00 a.m.	Saturday Relays Declared
<u>Saturday Finals:</u>	No Finals Check-In Required.
4:30 – 5:20 p.m.	Warm Up
5:30 p.m.	Events Start
6:00 p.m.	Scratch Box Closes for Sunday Prelims and 400 IM
6:00 p.m.	Sun 200 Med Relay Check In (by Coaches only) or they will be scratched
<u>Sunday Prelims:</u>	
7:30 – 8:50 a.m.	Warm Up
9:00 a.m.	Events Start
10:00 a.m.	Sunday Relays Declared
<u>Sunday Finals:</u>	No Finals Check-In Required / Note that this Session starts ½ hour earlier than Fri and Sat Finals Sessions
4:00 - 4:50 p.m.	Warm Up
5:00 p.m.	Events Start

Format: (1) All Michigan Swimming LSC individual events in the specified age groups are offered in this three day meet. (2) All individual events are prelim – final events with two selected timed finals exceptions (500 Free and the 400 IM) with the preliminaries swum in the morning and the finals at night. (3) All relays are timed finals. The fastest seeded heats of the relay events will be swum during the finals sessions in the evening as stated in the schedule of events.

Finals Info: **Individual Events:** (1) There will be two heats of individual finals in both the 10 and under and 11/12 Divisions – each heat is comprised of a maximum of eight (8) swimmers. These will be referred to as “A, B” Finals or “Championship Finals and Consolation Finals”. These will swim in a B-Consolation, A-Championship Finals order. (2) The top 8 seeded swimmers (one heat) after scratches (if any) of the 10 and Under and 11/12 500 Free automatically swim in Finals. Also, the top 8 seeded swimmers (one heat) after scratches (if any) of the 11/12 400 IM automatically swim in Finals. **Relay Events:** The top seeded heat of all relays (top eight) will swim in the Finals in the evening. The remainder of the relays will swim in the prelims.

Entry

Times: Entry times for individual and relay events shall (a) be achieved during the qualifying period (b) be submitted to the hundredths of a second and (c) be the fastest achieved time by the swimmer/relay during the qualifying period. Exception for the two individual Timed Finals Events and all Relays: A swimmer, if entered in two or more events on the day of the 500 Free or the 400 IM, may enter the 500 Free or the 400 IM Timed Finals event at his/her fastest time or at the Q1 time standard at his/her discretion. Relays may, at the coach’s discretion, enter at the Q1 time standard. **THIS MUST BE DONE WITH YOUR ORIGINAL ENTRIES AND NOT CHANGED AT THE MEET.**

Proof of

Times: **INDIVIDUAL EVENTS:** Times from any meet in the SWIMS database or from Invitational Meets and League or Conference Championship Meets hosted by other leagues or high schools that have been run on approved meet management software and within the qualifying period may be used to enter this meet. Times from dual, inter-squad or intrasquad meets, other than those Sanctioned, Approved or Observed by USA Swimming, will not be accepted.

The SWIMS database maintained by USA Swimming contains results of all Sanctioned, Observed and Approved meets held in the USA if the athlete was a member of USA Swimming at the time of the swim. If the time is in SWIMS it may be viewed from the USA Swimming website by selecting **Individual Times** under the **Times/Time Standards tool** and running a search using the athlete name.

All individual entries submitted for the 2010 12 and Under Short Course State Championships will be pre-verified for qualifying time eligibility at the Michigan Swimming Office by comparing the submitted entry time against the SWIMS database. If a qualifying time was swum at a meet that is contained within SWIMS, there is no need to submit a proof of time for that entry.

If a qualifying time is not in SWIMS, a proof of time must be submitted to the MS Office for that swim. **ACCEPTABLE PROOFS** include printed meet results which clearly identify the meet host, the location of the meet and the date the meet was held (swim date must be on or after January 1, 2009) as well as the name of the event and the names, clubs and times of other swimmers in the event but the **PREFERRED PROOF** is a locked Meet Manager backup of the meet results. Team Manager export files will work but are NOT preferred. Computer printed award labels and/or time cards signed by a meet referee are not acceptable for proof purposes.

All proofs and a **Meet Entry Report** from Team Manager or Team Unify which includes the names and dates of the meets where the swimmers achieved the times being used must be received at the Michigan Swimming Office by the entry deadline **Tuesday, March 2, 2010**. It is preferred that clubs collect these and send them in one batch to the MS Office.

ScratchRules/ Individual Events:

- (1) All individual events will conform to the USA National Scratch Procedure. With these rules in effect you are no longer required to “check in” for any individual events – you are already “checked in” by virtue of your entry and thus expected to swim the event. If you are entered in an event you must swim the event or, if desired, scratch the event correctly in order to not be penalized. To scratch a preliminary or timed final event you must drop a scratch card in a scratch box by the time stated. To scratch from a Finals event (that you have qualified for) you must scratch or declare your intention to scratch within 30 minutes after the qualifiers are announced pursuant to 207.7.9 (E) (2). If you fail to scratch out of any individual event correctly and fail to compete in the event- you will be penalized.
- (2) Once a scratch card is dropped in the scratch box the swimmer is declared scratched from the event. Only Coaches and swimmers may use a scratch card to scratch an event.
- (3) A separate scratch card must be used to scratch each individual event a swimmer desires to scratch. Exception: A Coach may use a single scratch card to scratch a swimmer from all events the swimmer is entered in (remove the swimmer from the entire meet).

Penalties for Failure to Compete

- (1) **Preliminary Events:** If you fail to drop your scratch card by the time stated for the event and fail to compete, the swimmer will be barred from all further preliminary individual and relay events of that day. Additionally, the swimmer will not be seeded in any further individual events on succeeding days unless that swimmer declares intent to swim prior to the close of the scratch box for that day’s event. (See Meet Referee or his/her designee).
- (2) **Finals:** If you qualify for finals as a result of your preliminary swim and fail to properly scratch or properly declare your intention to scratch pursuant to the rule within 30 minutes after the final qualifiers are announced and fail to compete in the finals at night, you will be barred from further competition for the remainder of the meet. NOTE: If you declare that you may want to scratch an event but do not return to confirm that scratch within 30 minutes following the conclusion of your last event, you will be seeded into the Finals event and will be similarly penalized if you do not compete in Finals. (See Meet Referee or his/her designee)
- (3) **500 Free and 400 IM Timed Final events:** If **(A)** as a result of automatic Finals qualification/top 8 seeding and failing to properly scratch and failing to compete in the evening Finals, the swimmer will be barred from swimming any events for the remainder of the meet, or **(B)** as a result of being seeded in the heats that swim during the morning sessions and fail to compete, the swimmer will be barred from swimming any further preliminary individual or relay events of that day. Additionally, the swimmer will not be seeded in any further individual events on succeeding days unless that swimmer declares intent to swim prior to the close of the scratch box for that day’s event. (See Meet Referee or his/her designee).

Scratch Deadlines:

- A. Scratch deadline for Friday’s Prelim and the 500 Free Events: 15 minutes after conclusion of General Meeting on Friday morning (7:35 AM Friday)
- B. Scratch deadline for Saturday Prelim events: 30 minutes after the start of *Friday’s* Finals session (6:00 pm Friday)
- C. Scratch deadline for Sunday Prelim and the 400 IM events: 30 minutes after start *Saturday’s* Finals session (6:00 Saturday)
- D. Scratch deadline for All Finals: 30 minutes after the qualifiers for the event are announced. (See USA Rule 207.7.9 D and E)

Procedure to Scratch/ Individual Events:

- A. **Prelims and Timed Finals:** To scratch from swimming preliminary heats or the two timed finals events (500 Free and 400 IM) you must drop a scratch card in the scratch box by the time stated for the event. See the Meet Referee or his/her designee.
- B. **Finals:** To scratch from swimming in Finals for an event you have qualified for, the swimmer must see the Meet Referee or his/her designee within 30 minutes after the qualifiers are announced and declare your actual scratch or intention to scratch if the swimmer doesn’t intend to swim the event in Finals.

**Additional
\$50 Penalty:**

In addition to the procedures and penalties stated above, if a swimmer participates in any event in this meet and then fails to compete in his/her last scheduled individual event of the meet without having properly scratched that event, he/she shall be fined \$50 payable immediately to MS. The swimmer is not allowed to compete in any subsequent MS sanctioned events until the fine is paid.

Seeding: **Individual Events:**

- (1) Individual events will be swum in preliminary/final format except for the 10 & Under and 11/12 500 Free and the 11/12 400 IM which will be swum in a Timed Finals format.
- (2) These two Timed Final events (10 and Under and 11/12 500 Free and 11/12 400 IM) will be seeded after the scratch box closes for the event. The fastest seeded heat (top 8) after scratches (if any) of these events will swim during the finals sessions on Friday night (500 Free) and during the Finals on Sunday night (400 IM). The remaining heats of these two timed finals events will swim in the morning sessions. The heats of the 400 IM swum in the morning sessions will be seeded slowest to fastest and will not alternate gender. The heats of the 500 Free swum in the morning sessions will be seeded fastest to slowest and will alternate genders (Girls then Boys). Swimmers should consult the heat sheets carefully for their heat and lane. Awards and scoring/place for these two timed finals events are determined by all the athletes' performances in all the heats (i.e. times achieved in the preliminary heats are used to determine the top 16 finishers even though the time was not achieved in the Finals.)
- (3) The final three heats of all other prelim/final events will be circle seeded slowest to fastest.

Relay Events:

- (1) All relay events will be timed finals.
- (2) The fastest seeded heats (top eight) of the relay events will be swum during the finals sessions in the evening as stated in the schedule of events.
- (3) Relays will be standard seeded slowest to fastest.

Marshaling: This is a self-marshaled meet. All swimmers will be expected to find their heat and lane independently. Heats will not be delayed. Heat cards will not be used. Heat sheets will be posted in conspicuous places on deck and distributed to coaches as soon as possible.

Time Trials: Time trials may be offered for all events each day immediately following the conclusion of the preliminary heats at the sole discretion of the Meet Referee and Meet Director if time permits. Time trials are \$7.50 for an individual event and \$15 for a relay. Time trials are subject to the Michigan Swimming Championship Time Trial Rules which are reviewable in full on the MS website. Notable portions of the rule include (1) To participate in time trials the swimmer must be already participating in this Short Course State Meet, either in an individual event or a relay event (including relay only athletes) (2) Swimmers are limited to two time trials for the entire meet (3) Time trials count against the total number of individual events per day (no more than 3 individual per day) but not toward the total number of individual events for the entire meet (6). If an athlete has entered the maximum number of individual events allowed per day and wants to swim a time trial, the athlete must scratch down from an event using the scratch box by the stated deadline or not swim the time trial in order to assure the limit of swims per day is not exceeded.

Awards: Michigan Swimming, Inc. provides medals for 1st – 8th place finishers in both individual and relay events and ribbons for 9th – 16th in all individual events. **JBL Engraving** will be on site to engrave individual and relay medals (medal engraving will also be available for any awards received from prior events, i.e. Districts and J.O.s). There are individual high point awards for 1st – 3rd place finishers in each age group. There is an overall Team State Champion and runner-up trophy.

**Award
Presentation**

There will be a formal awards presentation in each session as described in the meet program. It is expected that athletes will appear on time for awards so as not to delay the meet. **TCS Photography** will be photographing all finals sessions and podium shots.

**Award
Distribution:**

Distribution of 9th – 16th place awards will be available during Friday, Saturday and Sunday afternoon sessions up in the pool balcony. Awards will close immediately following the last awards presentation. Any awards not picked up **MUST** be picked up by the coach at the conclusion of Sunday finals. All awards not picked up will be brought to 13 & Over State Meet. No awards will be mailed.

- Timers:** Participating clubs are no longer required to provide timers for any session; **however, volunteers are always welcome!** If you would like to volunteer for any session you may contact the Birmingham Bloomfield Atlantis Swim Team at rptap@comcast.net. You will receive an email response back within 24 hours. If you do not hear from us please email again to ensure that the email was received by the BBA swim team.
- Programs:** Programs for the entire meet are \$8.00. Prelim Heat Sheets (after seeding) will be available with purchase of a meet program. Coupons for each preliminary session will be located on the back page of the program. Return coupons to the admissions table for heat sheets for that preliminary session. Final session heat sheets are \$1.00 and can be purchased at the admissions table. An evaluation form will also be located in the program. Please fill this out at your convenience and return to the admissions table.
- Admissions:** \$5.00 per person, per day, for preliminary sessions. Evening finals are free. The option to purchase a wrist band for \$15.00 during the Friday morning session will be available.
- Scoring:** Individual events points: 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1 for 1st-16th respectively. Relays: 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2 for 1st –16th respectively. Relay points affect team scoring only and are not counted toward individual high point.
- Results:** Complete meet results will be posted as soon as possible after each event on www.bbaswim.org → **BBA Meet → Live Results**. Results will also be posted following the conclusion of the meet on the Michigan Swimming Website at www.uss-michigan.com. Coaches are encouraged to download Results, Team Manager Results and Meet Manager Backup off www.bbaswim.org – they will be available IMMEDIATELY after the meet. Results will also be available on disk (HY-TEK Meet Manager) to coaches only. (Coaches must provide a flash drive)
- Concessions / Hospitality:** Full concessions will be available in the concessions/vendor area for swimmers and spectators. Food and beverages in plastic containers will be allowed on the deck. NO glass containers will be allowed on the pool deck and will be confiscated if found. Trash receptacles will be made available all over the pool deck and balcony area. Please use them ☺! A hospitality area will be available for coaches and officials.

Michigan Swimming, Inc.
2010 MS 12 & Under Short Course State Championship Meet Standards
Q1 Time Standards

Qualifying Period: January 1, 2009 to entry deadline

10 & UNDER GIRLS			EVENT	10 & UNDER BOYS		
LCM	SCM	SCY		SCY	SCM	LCM
37.39	36.39	31.69	50 Freestyle	31.59	36.49	37.49
1:21.79	1:19.49	1:09.49	100 Freestyle	1:10.29	1:20.29	1:22.69
3:00.19	2:56.09	2:31.59	200 Freestyle	2:35.29	2:54.69	2:58.79
6:18.99	6:07.59	6:50.59*	400/500 Freestyle	6:56.99	6:25.99	6:39.09
44.19	42.99	37.29	50 Backstroke	37.99	43.99	45.29
1:37.19	1:34.39	1:20.29	100 Backstroke	1:21.49	1:36.59	1:39.39
50.69	49.69	42.09*	50 Breaststroke	43.69	50.69	52.19
1:48.39	1:44.69	1:32.49	100 Breaststroke	1:35.09	1:50.79	1:54.79
43.79	42.59	35.89	50 Butterfly	37.19*	44.29	44.99
1:46.39	1:45.19	1:26.29	100 Butterfly	1:31.29*	1:49.49	1:49.89
Not Offered	1:30.79	1:19.99*	100 IM	1:21.89	1:32.59	Not Offered
3:24.49	3:17.39	2:54.39	200 IM	2:57.09	3:24.49	3:31.89
2:33.79	2:31.79	2:12.99	200 Free Relay	2:14.99	2:32.49	2:36.09
2:59.69	2:54.19	2:33.99	200 Medley Relay	2:43.99	3:05.39	3:11.39

11-12 GIRLS			EVENT	11-12 BOYS		
LCM	SCM	SCY		SCY	SCM	LCM
32.09	31.49	27.89*	50 Freestyle	28.29	32.59	33.49
1:10.39	1:08.39	1:00.79	100 Freestyle	1:02.09	1:11.49	1:13.59
2:31.59	2:28.29	2:13.39	200 Freestyle	2:14.59*	2:36.69	2:39.49
5:16.59	5:06.19	5:53.49	400/500 Freestyle	6:01.89	5:12.49	5:23.09
37.99	36.89	32.59	50 Backstroke	33.29*	38.89	39.59
1:22.39	1:20.29	1:10.09*	100 Backstroke	1:11.69*	1:24.89	1:26.89
2:56.99	2:51.89	2:31.19	200 Backstroke	2:34.79	2:57.19	3:02.39
42.79	41.59	36.59	50 Breaststroke	37.79*	44.49	45.39
1:31.99	1:28.79	1:20.19	100 Breaststroke	1:21.69*	1:37.99	1:40.29
3:21.69	3:15.49	2:51.99*	200 Breaststroke	2:59.99*	3:32.29	3:36.79
35.89	35.09	31.19*	50 Butterfly	32.29	36.99	38.09
1:23.19	1:22.19	1:11.29	100 Butterfly	1:13.99*	1:28.89	1:29.59
3:23.09	3:19.49	2:45.49	200 Butterfly	2:55.89	3:27.49	3:31.29
Not Offered	1:19.69	1:10.79	100 IM	1:12.89*	1:22.59	Not Offered
2:53.49	2:47.99	2:32.89*	200 IM	2:35.49*	2:54.99	3:00.39
6:16.89	6:05.99	5:25.59	400 IM	5:36.19*	6:30.19	6:34.79
2:11.79	2:07.49	1:53.99	200 Free Relay	1:57.99	2:15.09	2:16.49
2:31.69	2:23.99	2:09.99	200 Medley Relay	2:15.99	2:32.89	2:38.69

* = standard revised this year

Athletes who have swum a time equal to or faster than the time in any event listed here (in any Course) during the qualifying period are qualified to swim that event at this meet.

SCHEDULE OF EVENTS

Friday - March 12, 2010

Friday Preliminaries:

7:00 – 7:20 a.m. General Meeting (In the hospitality room)
7:30 – 8:50 a.m. Warm Up
7:35 a.m. Scratch Box closes for Friday Prelims and 500 Free
9:00 a.m. **Events Start**

If you qualify for Finals and don't want to compete in the event in the evening session you must scratch or declare your intention to scratch within 30 minutes after the qualifiers for finals in the event are announced. See the Meet Referee or his/her designee.

Girls		Boys
<u>Event #</u>	<u>Event Name</u>	<u>Event #</u>
1	11/12 200 Breast	2
3	11/12 50 Free	4
5	10&U 50 Free	6
7	11/12 100 IM	8
9	10&U 100 Back	10
11	11/12 100 Back	12
13	10&U 50 Fly	14
15	11/12 50 Fly	16
17	10&U 500 Free	18
19	11/12 500 Free	20

Friday Finals:

4:30 – 5:20 p.m. Warm-up
5:30 p.m. **Events Start**

No Friday Finals Check In Required

Scratch Box closes for Saturday Prelims at 6:00 pm

Saturday 200 Free Relays must be checked in by Coaches by 6:00 pm

Event order: 1 thru 20
Fastest seeded heat (Top 8) of Events 17 – 20 (500 Free) swim in Finals

Saturday, March 13, 2010

Saturday Prelims:

7:30- 8:50 a.m.

Warm Up

9:00 a.m.

Events Start

10:00 a.m.

Saturday Relays Declared

If you qualify for Finals and do not want to compete in the event in the evening session you must scratch or declare your intention to scratch within 30 minutes after the qualifiers for the finals in the event are announced. See the Meet Referee or his/her designee.

Girls		Boys
Event #	Event Name	Event #
21	11/12 200 Free	22
23	10&U 200 Free	24
25	11/12 100 Breast	26
27	10&U 100 Breast	28
29	11/12 200 Fly	30
31	10&U 50 Back	32
33	11/12 50 Back	34
35	10&U 100 IM	36
37	11/12 200 IM	38
39	10&U 200 Free Relay	40
41	11/12 200 Free Relay	42

Saturday Finals:

4:30 - 5:20 p.m.

Warm-up

5:30 p.m.

Events Start

No Saturday Finals Check In Required

Scratch Box closes for Sun Prelims and 400 IM at 6:00 pm

Sunday 200 Medley Relays must be checked in by Coaches by 6:00 pm

Event order: 21 thru 42
Fastest seeded heats of relays swim in Finals

Sunday, March 14, 2010

Sunday Prelims:

7:30 – 8:50 a.m.

Warm Up

9:00 a.m.

Events Start

10:00 a.m.

Sunday Relays Declared

If you qualify for Finals and do not want to compete in the event in the evening session you must scratch or declare your intention to scratch within 30 minutes after the qualifiers for the finals in the event are announced. See the Meet Referee or his/her designee.

Girls		Boys
<u>Event #</u>	<u>Event Name</u>	<u>Event #</u>
43	11/12 100 Free	44
45	10&U 100 Free	46
47	11/12 200 Back	48
49	10&U 50 Breast	50
51	11/12 50 Breast	52
53	10&U 100 Fly	54
55	11/12 100 Fly	56
57	10&U 200 IM	58
59	11/12 400 IM	60
61	10&U 200 Med Rel	62
63	11/12 200 Med Rel	64

Sunday Finals:

Note that this session starts ½ hour earlier than Fri and Sat

4:00 - 4:50 p.m.

Warm-up

5:00 p.m.

Events Start

No Finals Check In Required

Event Order: 43 thru 64

Fastest seeded heats of relays swim in Finals

Fastest seeded heats (Top 8) of events 59 and 60 (400 IM) swim in Finals

HOTEL INFORMATION

Atlantis Swimming Preferred Hotels

The Met Hotel Troy

5500 Crooks Road
Troy, MI 48098
Phone: 248-879-2100

www.themettroy.com

- Block reserved under ATLANTIS with rate of \$74.00 + tax (book by 2/26/10)
- Driving distance to pool: 14.8 miles (est. 21 minutes)
Link to MapQuest directions: <http://www.mapquest.com/mq/8-okQjdJq6zFpdMOhH>
- State of the art fitness center, complimentary wireless internet, two on site restaurants – DeSotto's and Charlie's Crab, free shuttle anywhere in a 5 mile radius
- Located near Somerset Collection & numerous restaurants

Holiday Inn Express & Suites

3990 Baldwin Road Auburn Hills
Auburn Hills, MI 48326
248-322-7000

www.hiexpress.com/auburnhillsmi

- Block reserved under ATLANTIS with rate of \$85.00 + tax (book by 2/22/10)
- Driving distance to pool: 6.6 miles (est. 12 minutes)
Link to MapQuest directions: http://www.mapquest.com/mq/10-Zbuf8Kf*
- Located near Great Lakes Crossing Mall – Plenty of restaurants and attractions nearby

Marriott • Auburn Hills – Pontiac at Centerpoint

3600 Centerpoint Parkway
Pontiac, MI 48341
248-253-9800

www.marriott.com

- Block reserved under ATLANTIS with rate of \$79.00 + tax (book by 2/25/10)
- Driving distance to pool: 8.1 miles (est. 14 minutes)
Link to MapQuest directions: <http://www.mapquest.com/mq/6-meEMdO5BttRFUMy1hiry>
- Premium hotel – Plenty of restaurants nearby and easy access to Downtown Birmingham

Hyatt Place - Auburn Hills

1545 N. Opdyke Road
Auburn Hills, MI 48326
Telephone 248-475-9393

www.hyattplace.com (enter Auburn Hills in hotel locator)

- Block reserved under ATLANTIS / rates of \$74.00(single) and \$79.00(double) + tax (book by 2/26/10)
- Driving distance to pool: 8.3 miles (est. 14 minutes)
Link to MapQuest directions: <http://www.mapquest.com/mq/9-uwPnropZMPLx>